

BELRIDGE SECONDARY COLLEGE

2017

Current as at 01.02.2016

go to WWW.OURONLINECANTEEN.COM.AU to order before 9.00AM

<u>TUESDAY & THURSDAY</u>	<u>MON, WED & FRIDAY</u>	<u>TUESDAY & FRIDAY</u>
PIES	PIZZAS	BURGERS & HOT DOGS
BEEF PIE (200g) \$3.60	PIZZA IN A BOX	BURGER & SALAD \$4.80
CHICKEN & VEGIE PIE \$4.20	Cheese \$4.20	- BEEF
CRUIZER BEEF PIE \$3.50	Vegetarian	- CRUMBED CHICKEN
CRUIZER BEEF & CHEESE PIE \$3.90	Ham & Cheese \$4.60	- VEGE
SAUSAGE ROLL \$3.00	Hawaiian \$4.80	- FISH
SNACK PIE (120g) \$2.40	BBQ Chicken & Cheese \$5.00	CHEESEBURGER \$4.50
BEEF PARTY PIE (50g) \$1.30	Supreme	HOT DOG (low fat) with sauce \$3.50
HOME MADE SAUSAGE ROLL (M,W&FR) \$3.50		EXTRA Cheese 60c
TOMATO SAUCE SACHET \$0.30	Freshly made in our Kitchen	

<u>CHOOSE YOUR FILLING</u>	<u>SANDWICHES</u>	<u>BAGUETTES & WRAPS</u>
Cheese	\$3.50	\$5.00
Chicken	\$4.00	\$5.50
Egg	\$3.50	\$5.00
Ham	\$4.00	\$5.00
Salad (incl Tom, Carrot & Lett.)	\$3.50	\$5.00
Tuna	\$4.00	\$5.50
Vegete	\$2.00	\$3.00
Chicken Caesar Roll/Wrap		\$6.00
EXTRAS		
Alfalfa, Capsicum, Carrot, Lettuce, Red Onion		\$0.30 ea
Beetroot or Pineapple		\$0.50
Butter or Mayo		free
Egg		\$1.20
Toasted		\$1.00
Tomato, Cue		\$0.40
Cheese		\$0.60
* Multigrain Baguettes, Mini Roll and Wholemeal Bread options available		
* Only Leg Ham, Roasted Skinless Chicken, Tuna in Spring Water & Low Fat Cheese is used.		

SALADS

	<u>sml</u>	<u>lge</u>
Chicken Caesar Salad	\$5.00	\$7.00
Greek Salad	\$5.00	\$7.00
Mexican Salad	\$5.00	
Make Your Own Salad	starting at \$3.00	

(Your choice of Salad - inc Lett, Cue, Carrot)

DRINKS

	<u>sml</u>	<u>lge</u>
Brownes Chill (Choc, Strawberry, Choc Mint, Banana, Caramel)	\$2.00	\$3.50
Plain Milk	\$1.50	\$2.20
Golden Circle(350ml) (Orange ,Apple ,Apple/Blackcurrent)		\$3.00
Harvey Fresh Juice (250ml) (Apple, Tropical, Orange & Apple/Blackcurrent)		\$1.70
Harvey Fresh Milk (250ml) (Chocolate, Strawberry & Banana)		\$1.70
Water (600ml)		\$1.50

HOT FOODS

	<u>sml</u>	<u>lge</u>
Strip Sub & Salad - Chicken	\$3.50	\$5.50
Hot Chicken Roll (with Mayo)	\$3.50	\$5.00
Fried Rice - Veg	\$3.00	\$4.50
Fried Rice - Ham & Veg	\$3.50	\$5.00

PASTA

SPAGHETTI BOLOGNAISE	\$4.00	\$6.00
LASAGNE	\$4.00	\$6.00
MACARONI CHEESE with Veggies with Salad (Lett, Tom, Carrot & Cue)	\$4.00	\$6.00
	\$2.00	

SUSHI

Chicken Teriyaki, Vegetarian, Tuna or Mixed
 3pc = \$3.00 6pc = \$5.30 8pc = \$6.70

Wasabi or Extra Soy Sauce 10c

SNACKS

Fruit Salad	\$3.00	\$4.00
Mega Muffin (Banana, Apple & Cinnamon, Chocolate, Blueberry)		\$2.00
Cookie (1) Anzac		\$1.00
Brownes Yoghurt (Creamy Vanilla, Strawberry, Mango/Passionfruit & Mixed Berries)		\$2.20

Pop Top (250ml) - 100% fruit (Apple, Orange, Apple/Blackcurrent)	\$2.00
LOL fizzy 100% Fruit Juice (Tropical, Razzbri, & BCurrent)	\$2.50
Lipton Tea (Light Peach, Raspberry, Light Lemon)	\$3.50
UP & GO (Choc, Vanilla, Strawberry, Banana)	\$2.50

PLEASE CHECK ONLINE FOR ANY NEW MENU ITEMS!!!

<u>CHOOSE YOUR FILLING</u>	<u>SANDWICHES</u>	<u>BAGUETTES & WRAPS</u>
Cheese	\$3.00	\$3.50
Chicken	\$3.50	\$4.00
Egg	\$3.00	\$3.50
Ham	\$3.50	\$4.00
Salad (incl Tom, Carrot & Lett.)	\$3.00	\$3.50
Tuna	\$3.50	\$4.00
Vegemite	\$1.50	\$2.10
EXTRAS		
Alfalfa, Capsicum, Carrot, Lettuce, Red Onion		\$0.20 ea
Beetroot or Pineapple		\$0.40
Butter or Mayo		free
Egg or Toasted		\$1.00
Tomato, Cue		\$0.30
Cheese		\$0.50
* Only Leg Ham, Roasted Skinless Chicken, Tuna in Spring Water & Low Fat Cheese is used.		

OPEN FOR BREAKFAST AT 8AM

Yoghurt	\$2.20
Fresh Fruit	\$1.00
Bacon/Egg/Cheese Muffin	\$3.50
Sausage Patty/Egg/Cheese Muffin	\$3.50
Hot Ham & Cheese Roll	\$3.00
Golden CIRCLE 100% 350 ml (Apple, Orange, Apple-Blk/cnt)	\$3.00
Harvey Fresh Tetra Juice (100%) 250 ml (Apple, Orange, Apple/Blackcurrent & Tropical)	\$1.70

DAILY SPECIALS

MON:	TOASTED CONTINENTAL FOCACCIA		\$6.50
	Chicken with Olives, Feta, Roasted Caps, Sundried Tomatoes & Red Onion		
TUE:	MEE GORENG NOODLES	\$3.00	\$4.50
	With Chicken	\$3.50	\$5.50
	OR		
	LARRY'S BURGER & SALAD WITH FRIED ONIONS		\$5.50
	o add Egg	+ \$1.00	
	o add Cheese	+ \$0.50	
WED:	QUICHE LORRAINE & GARDEN SALAD PLATTER		\$6.50
THU:	LARRY'S BURGER & SALAD WITH FRIED ONIONS		\$5.50
	o add Egg	+ \$1.20	
	o add Cheese	+ \$0.50	
	OR		
	MEE GORENG NOODLES	\$3.00	\$4.50
	With Chicken	\$3.50	\$5.50
FRI:	THAI CHICKEN CURRY	\$4.00	\$6.50

AVAILABLE EVERYDAY

CHICKEN CAESER ROLL OR WRAP		\$6.00	
CHICKEN CAESAR SALAD BOWLS	sml	\$5.00	lge \$7.50